

What's in Season?

September

- ❖ Apples
- ❖ Arugula
- ❖ Avocado, Florida
- ❖ Basil
- ❖ Beets
- ❖ Broccoli
- ❖ Cabbage
- ❖ Carrots
- ❖ Cauliflower
- ❖ Celery
- ❖ Chanterelles
- ❖ Chard
- ❖ Chiles
- ❖ Cucumbers
- ❖ Eggplant
- ❖ Elderberries
- ❖ Fennel
- ❖ Flounder
- ❖ Florida blue crab
- ❖ Florida oysters
- ❖ Florida shrimp
- ❖ Grapefruit
- ❖ Grapes
- ❖ Green beans
- ❖ Grouper
- ❖ Guava
- ❖ Hazelnuts
- ❖ Kohlrabi
- ❖ Mangos
- ❖ Mullet
- ❖ Mussels
- ❖ Onions
- ❖ Oranges
- ❖ Passion fruits
- ❖ Peanuts
- ❖ Pears
- ❖ Plums
- ❖ Red mullet
- ❖ Red snapper
- ❖ Rosemary
- ❖ Runner beans
- ❖ Sage
- ❖ Sapotes
- ❖ Spinach
- ❖ Spiny lobsters (warm water)
- ❖ Squid
- ❖ Star fruit
- ❖ Sweet corn
- ❖ Swordfish
- ❖ Tangerines
- ❖ Thyme
- ❖ Tilefish
- ❖ Tomatoes
- ❖ Wild mushrooms
- ❖ Yellow squash
- ❖ Zucchini



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