Apple Upside Down Cake



Ingredients

1/3 cup soft unsalted butter

½ cup plus 2 tbsp. granulated sugar

½ tsp. salt

½ tsp. ground cinnamon

½ tsp. ground nutmeg

1 large egg

1 ³/₄ cup cake flour

2 tsp. baking powder

½ cup Greek yogurt

½ cup water

2 oz. melted unsalted butter

½ cup packed light brown sugar

3 cups of peeled, small diced apples

1 ½ tsp. ground cinnamon

Procedure

- 1. Preheat oven to 350°F. Line a 9X9 or 8X8 baking pan exactly with parchment paper.
- 2. Pour the melted butter evenly along the bottom. Top with the light brown sugar.
- 3. Peel, and dice the apples. Toss with 1 ½ tsp. ground cinnamon. Spread the apples evenly on top of the bottom. Press in sugar evenly.
- 4. Cream together the soft butter, granulated sugar and salt until smooth and homogenous. Add the egg and mix in.
- 5. Sift together the cake flour, baking powder, and ½ tsp. cinnamon, and the nutmeg. Stir into mixture. If it is too stiff, add a little yogurt.
- 6. Add the yogurt and water and mix until combined.
- 7. Pour batter over apples and gently shake pan to level out.
- 8. Place pan into oven and bake for 25-35 minutes, or until toothpick inserted into cake comes out clean.
- 9. Remove from oven, and let rest for 5 minutes.
- 10. Then turn the cake out upside down onto plate that is larger than the cake. Carefully remove the pan, so the cake doesn't fall apart.
- 11. If necessary, peel off the parchment paper.
- 12. Serve at room temperature.

©2017 Chef Jennifer M. Denlinger www.FloridaChef.net