Perfect Turkey Gravy



Ingredients

1 quart (4 cups) turkey or chicken stock

4 tbsp. fat- unsalted butter or rendered turkey fat (from the roast)

6 tbsp. all-purpose flour

1 small sprig of thyme or rosemary

1 bay leaf

if desired- pan drippings from turkey

if desired- cooked giblets, chopped up

if desired- pulled meat from the bones after making stock salt and ground black pepper to taste

Optional

1 tsp. lemon juice

1 tbsp. heavy cream

Procedure

- 1 In a 2 qt. saucepan, melt the fat. Add the flour and whisk well.
- 2 Cook over medium heat for 2 minutes, whisking frequently.
- 3 All the stock and whisk very well until smooth.
- 4 Bring to a boil, then reduce heat to a low simmer. Add herbs, if using.
- 5 Stir frequently, and simmer for 7-8 minutes until thick.
- 6 If very lumpy, strain the gravy through a fine meshed strainer.
- Remove the herbs Add the pan drippings, cooked, chopped giblets, and turkey meat if using.
- 8 For an elegant touch, all a little lemon juice and heavy cream.
 - -Yields approximately 1 qt. of gravy

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