Strawberry Papaya Smoothie



Ingredients

1 cup papaya, no skin, no seeds 1 cup Fresh Florida strawberries, hulled

½ cup ice

2 tbsp. floral honey, or to taste -optional- 1 or 2 drops vanilla extract

Procedure

- 1. Combine all ingredients in the jar of a blender.
- 2. Place lid on and puree until smooth.
- 3. Drink immediately for the icy effect- or pack away for later.

Yields about 16-20 oz.

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