Florida Strawberry Shortcakes



Shortcake Ingredients

2 cups AP flour
2 tsp. baking powder
5 tbsp. granulated sugar
1/3 tsp. salt
1 stick (4 oz.) unsalted
butter, chilled
1 egg

³/₄ cup (6 oz.) milk 1 tbsp. granulated sugar

Strawberry Ingredients 2# strawberries, washed, and hull removed ½ cup granulated sugar, or to taste

Cream Chantilly
1 pint (2 cups) chilled
heavy cream, or heavy
whipping cream
1/4 cup granulated sugar
1 tbsp. vanilla extract

Procedure

- 1. Preheat oven to 400°F.
- 2. Sift together flour, baking powder, 5 tbsp. sugar, and salt in a bowl.
- 3. Break butter into small chunks and toss in the dry ingredients. With fingertips, work butter into flour until the pieces are approximately half the size of a dime.
- 4. Crack egg and beat. Add to bowl. Add milk in one pour. Stir until dough just comes together.
- 5. Drop large spoonful's onto a sheet pan lined with a silicone liner or parchment paper. Sprinkle with the remaining 1 tbsp. of sugar.
- 6. Bake for 10-15 minutes, or until cooked through and slightly brown.
- 7. In the meantime, slice, quarter or chop strawberries. Sprinkle with sugar and stir well.
- 8. Let berries sit at room temperature until ready for service. Stir occasionally.
- 9. Using a clean bowl, or a bowl of a stand mixer, combine heavy cream, ¼ cup of granulated sugar and vanilla.
- 10. Beat or whip over medium speed until the cream is fluffy and thick. Keep chilled until ready to serve.

Yields approximately 12 biscuits, 2 qts. of berries with juice, and 1 quart of Cream Chantilly

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