Broccoli and Bacon Mac n' Cheese



Ingredients

1 # short pasta, preferably some with twists in it

2 oz. unsalted butter

2 oz. flour

3 cups milk

4 strips bacon

6 oz. processed cheese

8 oz. cheddar cheese

2 oz. parmesan cheese

½ tsp. salt

½ tsp. ground black pepper

8 oz. minimum broccoli florets

2 dash Worcestershire sauce

2-3 dashes hot sauce

Procedure

- 1. Cook pasta according to package instructions, minus one minute of cooking time. Drain well and set aside.
- 2. In a 2-quart sauce pan melt butter over medium heat. Add flour and whisk well. Cook while whisking 1 minute. Add milk slowly while whisking to prevent lumps forming.
- 3. Cook sauce for 3 minutes over low heat while stirring frequently to prevent burning. Taste sauce. If it still tastes starchy, cook for a few seconds more. If the sauce is very lumpy, strain out any lumps.
- 4. Add cheeses, and seasonings while sauce is still hot. Stir well, then toss in pasta.
- 5. Bring a pot of water to a boil with a large pinch of salt. Cut the broccoli into large florets. If you are using the stems, peel them first, then slice into small pieces. Cook the broccoli for approximately 2 minutes, or until desired texture. Drain well, and mix into pasta.
- 6. Slice the bacon into small strips. Put into a cold sauté pan. Turn to medium high heat and cook until crispy stirring frequently. Drain off fat. Mix into pasta.
- 7. Toss pasta, sauce, bacon and broccoli together. Taste and adjust seasonings.

Serves 6-8 people

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